



Small Watershed Ecology Assessment Project

Arlington School District Version

Written and compiled by Ana Ruesink
Alan R. Berkowitz and Kathleen Hogan, Project Directors

Produced by the Institute of Ecosystem Studies
PO Box R
Millbrook, NY 12545

ACKNOWLEDGEMENTS

The Small Watershed Ecology Assessment Project has been generously supported with funding from the following sources:

- The Iroquois Gas Transmission System's Land Preservation and Enhancement Program
- The Berkshire-Taconic Foundation
- Horseshows in the Sun
- The Millbrook Tribute Garden
- The Zoos, Botanical Gardens and Aquarium Grant Program administered by the New York State Office of Parks, Recreation and Historic Preservation for the Natural Heritage Trust.
- The Mary Flagler Cary Charitable Trust

We also wish to thank the following Dutchess County teachers who helped field test the SWEAP materials. Their enthusiasm and input were invaluable.

- David Grover, Franklin Delano Roosevelt High School, Hyde Park, NY
- Paul Kenny, Dover Junior/Senior High School, Dover Plains, NY
- Maribel Pregnall, Arlington High School, LaGrangeville, NY
- Trish Tomaseski, Millbrook Junior/Senior High School, Millbrook, NY

Members of the IES Watershed Ecology Education Advisory Committee provided input and suggestions during the early stages of the project. We thank Scott Chase (Dutchess County Water and Wastewater Agency), Noreen Coller (Haviland Middle School), Bob Dibble (Soil Conservation Service), Stuart Findlay (IES), Peter Groffman (IES), Gerry Sherman (Millbrook Junior/Senior High School), David Strayer (IES), Russell Urban-Mead (Chazen Companies, Inc.) and Amy Waterman (Dutchess County Environmental Management Council) for their enthusiastic participation. In addition, Russell Urban-Mead helped delineate the watershed boundaries, Noreen Coller reviewed the map materials and the three IES scientists on the Committee kindly reviewed the SWEAP manual and materials.

Last but not least, field and editorial assistance were provided by John Reed and Jennifer Ruesink, who receive our gratitude for being such good sports.

CONTENTS

Introduction	1
---------------------------	----------

MODULE 1

Presenting the Challenge

ACTIVITY 1

Meet the Watersheds	5
----------------------------------	----------

Slides and written materials introduce students to the SWEAP watersheds and challenge them to learn more about local land use and water quality.

ACTIVITY 2

A Research Request	10
---------------------------------	-----------

Students form Research Teams and receive a research request from the Institute of Ecosystem Studies and local landowners who live within the boundaries of the SWEAP watersheds.

MODULE 2

Concept Building

ACTIVITY 3

Water in a Watershed	12
-----------------------------------	-----------

Students watch a simple demonstration and learn about watersheds, precipitation, runoff and pollution.

ACTIVITY 4

Watersheds and People	14
------------------------------------	-----------

Students generate a list of local land use activities and consider how these activities may affect local water quality and quantity.

ACTIVITY 5

The Water Cycle	15
------------------------------	-----------

A discussion of the global water cycle helps students place their small watersheds in "the big picture."

MODULE 3

Skill Building

ACTIVITY 6

Maps, Marvelous Maps 17

Students examine the SWEAP maps, become familiar with the study watersheds, and learn to interpret map symbols.

ACTIVITY 7

Watershed Boundaries 22

Students attempt to draw watershed boundaries around the study streams or study ponds.

ACTIVITY 8

Land Use in Small Watersheds 25

Students compare land use activities in the study watersheds and determine whether activities have changed within the past 25 years.

MODULE 4

Pieces of the Puzzle

ACTIVITY 9

Mystery Water Samples 27

Using baseline water quality data from the study watersheds, students attempt to determine the source of each Mystery Water Sample.

MODULE 5

Data Collection

ACTIVITY 10

Field Trip 32

Students visit the study watersheds to collect data and to observe land use activities firsthand.

ACTIVITY 11

The Soil Beneath Us 33

Students employ a variety of methods to compare soil samples from the study watersheds and from other locations throughout their school district.

ACTIVITY 12

Food Webs 36

Students learn about feeding relationships among aquatic species and explore the concept of a food web. Using their field trip data, students construct a model food web for their stream.

MODULE 6

Putting it all Together

ACTIVITY 13

What If...? 39

Students must apply their new knowledge and skills to predict the outcome of a proposed land use change within Watershed #1.

ACTIVITY 14

Reporting Our Results 41

Students prepare a report of their findings for presentation to the Institute of Ecosystem Studies and to local landowners. Students produce an additional copy for storage in their school's Watershed Data Bank.

Readings

READING 1

What's A Watershed? 44

READING 2

The Water Cycle and Land Use 46

READING 3

Maps and Messages 48

READING 4

Chloride 49

READING 5

Nitrates 50

READING 6

Phosphates 51

READING 7

pH 52

READING 8

Aquatic Organisms 53

READING 9

Water Quality At-A-Glance 54

READING 10

What's the Big Deal About Dirt? 55

Appendices

APPENDIX 1		
Watershed Access Information for Teachers	56
APPENDIX 2		
Soil Map Legend	58
APPENDIX 3		
Baseline Water Quality Data	62
APPENDIX 4		
Worksheet Answer Keys	63
APPENDIX 5		
Glossary	69
APPENDIX 6		
Resources	72

INTRODUCTION

Summary

Welcome to SWEAP, the Small Watershed Ecology Assessment Project. Prepared by staff of the Education Program at the Institute of Ecosystem Studies, SWEAP introduces middle and high school students to their local land and water environments. The SWEAP materials and activities assist teachers in guiding their students as they compare the ecology of three small watersheds with different land uses (e.g., agricultural, forested, developed). Students learn about the factors that determine the quantity and quality of water flowing from any watershed, and the impact this has on aquatic ecosystems. The project also includes a strong emphasis on local land use history and the impacts people have had on the natural world. Thus, the materials contribute to the new state education requirements for teaching science with a problem-solving, community-based approach.

The four school districts in the project serve students in communities crossed by the Iroquois natural gas pipeline (Arlington, Dover, Hyde Park and Millbrook), which was a condition of the grant obtained from Iroquois' Land Preservation and Enhancement Program. It is hoped that the project will ultimately reach beyond Dutchess County and provide a model for other teachers, environmental education centers, or community members interested in watershed ecology education. The materials are flexible and will support teachers in conducting anywhere from a single exercise to an entire 2-3 week study of watersheds.

Why Water is Important

When viewed from space, the earth looks more like a liquid planet than a solid one -- water covers nearly three-fourths of the earth's surface. Water also makes up over 70% of the human body and is critical to the survival of all organisms on earth. We drink it, wash with it, irrigate crops with it, and sail on it. The average American uses between 80 and 100 gallons of water each day. A large percentage of the world's protein, in the form of fish and shellfish, comes from oceans, lakes and rivers. Water ultimately affects climate, too -- not only rainfall and snow, but temperature and winds as well.

Dutchess County's water resources are abundant and diverse. The County boasts more than 800 miles of streams and numerous lakes and ponds, 93 of which have been named while dozens more remain unnamed. The SWEAP materials concentrate on a small subset of these water resources in a manner which encourages comparison and intense study.

The Ecology of Small Watersheds

Watersheds, the land area draining into a single body of water, can be considered a basic unit of the landscape that determines water availability, movement, and quality. When students study watersheds, they learn in a personal way about the importance of water, and how land use affects surface and groundwater. The SWEAP watersheds are small enough to be reconnoitered through fairly simple work with maps and air photos, and they can be explored quickly in the field. Since the study watersheds were chosen with distinctly different land cover types, comparisons of water quality and stream ecology can be related directly to differences in land use.

The SWEAP Challenge

The SWEAP materials and the fourteen suggested activities presented here are designed to guide students in a comparative study of their three small watersheds. Students are challenged to address two broad Challenge Questions:

Challenge Question #1: How is land being used in each of the study watersheds and how has this changed over time?

Challenge Question #2: Do land use activities influence stream water chemistry, the amount of water flowing through the stream, and the types of organisms that live in it?

The SWEAP Materials

Each SWEAP school district has three watersheds to study, chosen for a few simple characteristics. The watersheds comprise fewer than 500 acres in area and drain through a single-source stream or a pond. All but one of the streams flow year-round. Landowners have given their permission for students to explore each watershed and collect samples. The watersheds are reasonably close to the schools and have suitable sites for school bus parking.

The SWEAP materials for each school district include the following:

- 1) Introductory slides of the watersheds taken during various seasons, plus an accompanying script that identifies and explains each slide.
- 2) A simplified road map showing the most direct route from the school to the study watersheds.
- 3) A class set (10 total) of laminated color topographic maps (1" = 2,000') showing all three watersheds, the full length of the streams that drain them, the location of each sampling site, and the approximate boundaries of each watershed.
- 4) A class set (10 total) of enlarged, laminated color topographic maps (1" = 1,000') centered on each watershed showing the stream or pond and the approximate watershed boundaries.
- 5) A set of enlarged, laminated color topographic maps (1" = 1,000') centered on each watershed showing the stream or pond and the sampling site, but with no watershed boundaries marked.
- 6) Laminated aerial photographs (1" = 400') from 1970 and 1990 centered on each watershed, with the stream or pond and watershed boundaries marked.
- 7) A class set (4 total) of soil maps (1" = 2,000') showing all three watersheds, with the stream or pond and watershed boundaries marked, accompanied by a simplified key to the soil types.
- 8) Descriptions and Land Use Histories: A history of land use activities within each watershed, based on interviews with current land owners and tax map data. Supporting natural history information about bedrock type and depth, nearby wetlands, stream volume, and special geologic features is also included. This information is intended for use by the students as they study the watersheds.
- 9) Access Information: Detailed descriptions of access to the stream or pond and, if possible, to parts or all of the surrounding watershed, including land ownership, contact names and numbers, and type of permission required. This information is intended for use by teachers as they plan their field trips to the watersheds.
- 10) Baseline data on water chemistry and aquatic organisms for comparisons of the three stream- or pond-sampling sites.

The Activities

The watershed topic embraces a rich diversity of concepts and skills, so the SWEAP materials can be integrated into school curricula in many different ways. The fourteen suggested activities presented here are organized into six modules that introduce students to their three study watersheds, assist students as they explore key watershed concepts, help students develop scientific skills of inquiry and observation, and guide students as they compare their three study watersheds. Some of the classroom activities include developing map-reading skills and learning to delineate watershed boundaries, learning basic techniques of water quality determination, identifying historical trends in local land use, and devising a food web for their study sites. Many of the activities include student worksheets for use in the classroom. Worksheet answer keys can be found at the back of the SWEAP manual.

Following the modules is a collection of readings. This section gives detailed explanations and provides additional examples of many of the concepts explored in the SWEAP activities. These readings give the teacher background on the concepts to be explicated in the activities and can be reproduced as student handouts to augment student understanding.

A glossary at the end of the manual provides definitions of many of the terms used in the modules. The SWEAP manual also contains a list of water curricula and resources that teachers may find of additional aid in developing their field and classroom activities.

The Watersheds

- Arlington: The three study watersheds in the Arlington School District are dominated by dramatically different land use activities. One is forested, one has horse farms and old fields now out of cultivation, and one is undergoing residential and commercial development. The watersheds demonstrate a common trend within this district: the abandonment of old agricultural land and development of commercial plazas and suburban housing.
- Dover: Dover hydrology is dominated by major water bodies like the Swamp River and the Ten Mile River which drain enormous watersheds well beyond the scope of SWEAP. The three small watersheds that were selected in Dover are all forested. However, the quantity of water flowing through the three drainage streams differs dramatically. One watershed is dominated by steep, rocky slopes. The thin soil has little water holding capacity so the stream flows vigorously following precipitation events and then dries up during dry periods. The second watershed contains a large wetland area which ensures a steady water supply for the stream. The third watershed has no wetland area but is roughly twice as large as the other two. Its small drainage stream flows steadily all year.
- Hyde Park: The study sites in the Hyde Park School District are ponds. One is a reservoir in a forested watershed that supplies water for a small local community. One pond sits in the middle of a residential neighborhood. The third is the largest human-made water body in Dutchess County and receives runoff from areas of agriculture and livestock grazing as well as forest and residences. These three ponds reflect a spectrum of human impacts.
- Millbrook: Two small watersheds were chosen in the Millbrook School District. One is forested and the other supports a range of land use activities from residential housing and major roadways to agriculture. The third study site is the Mill Brook near the Village of Millbrook Water Treatment Plant where students can look for evidence of point source pollution resulting from the water treatment plant's effluent.

Further Information

We encourage interested individuals or organizations to contact us for additional information about the Small Watershed Ecology Assessment Project:

Institute of Ecosystem Studies
Education Program, PO Box R
Millbrook, NY 12545
(845) 677-7600 ext. 311