

Dear Families,

We are happy to welcome you and your child to the Cary Institute of Ecosystem Studies 2023 Art+Science program! **Session 1 runs from July 24-28**, 9 a.m. to 4 p.m. each day, and **Session 2 is July 31-August 4**, also from 9 a.m. to 4 p.m. Hara and I are preparing for a fantastic week with your child that highlights scientific investigations, artistic creativity, and outdoor exploration.

Please take note of the following information so that you and your child can prepare for the program:

1. **Camp Health Form Checklist - *You must submit all health forms by June 9 or risk losing your spot.***

- ✓ Cary Camper Background Form
- ✓ NYS School Health Examination Form *including vaccination record*

2. **Medicines:** Any medications that your child brings must be in the original containers and accompanied by prescriptions from a doctor explaining dosage requirements (including epi-pens). **Even over-the-counter medications require a signed physician's note - this includes items such as first aid topical ointments. Campers MUST be able to self-administer all medications** under the supervision of the Camp Health Director/Designee. **Note: We are prohibited from providing over-the-counter medications such as Benadryl and aspirin to campers; they must bring their own.*

3. **Note on Lyme Disease Prevention – Pack long socks!** Lyme disease is prevalent in New York. Please read the provided brochure for precautions that can be taken to prevent Lyme disease. It's popular during warmer months for kids to wear low cut socks. However, we found that this makes it difficult to tuck long pants into their socks – an important step in keeping kids tick-free. Please send your child to ecology camp with **longer socks** that can accommodate pants being tucked into them. They can either be in their backpack or kids can come wearing them. Thanks so much for your understanding! We will have long white “tick pants” available for campers to wear over their clothes.



4. **What should you bring each day?** **You can leave these items at Cary for the duration of the week*.*

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| • sturdy shoes | • socks | • water shoes/old sneakers for shallow wading in the stream |
| • hat | • raincoat | • lunch |
| • sunscreen and insect repellent | • change of clothes (there is always a possibility of getting wet!) | • any favorite art supplies from home |
| • backpack | • extra sweatshirt/ jacket | |
| • water bottle | | |

Please make sure your child has shoes that can get wet with them every day – including the first day.

5. **Lunches and Snacks:** Cary Institute will provide snacks, but students **must bring their own lunches**. A refrigerator is available to keep lunches cool.

6. **Transportation:** The students may occasionally be transported around our property in minivans. They will be seated and belted at all times.

7. **Drop-off and pick-up:** Art+Science will occur at the **main Cary Institute building in the Auditorium**.

Address: 2801 Sharon Turnpike, Millbrook, NY 12545. Google Maps link:

<https://goo.gl/maps/c3AbYMe37rTDmNEF8>

8. **Dates to note:** We invite families and friends to visit from 3:30-4:00 on the last Friday of each session for a presentation of completed projects and to learn from students about their favorite experiences.
9. **Refund policy:** Withdrawal from camp prior to June 2, 2023 will be refunded total fee less \$25.00 deposit for administrative costs.

If you have any questions, please call 845-677-7600 ext. 321. ***See you in the summer!***

Friendly Regards,
Ashley Alred – *Summer Camp Program Leader*
alred@caryinstitute.org

Map and directions to the Carriage House at Cary Institute:

The Carriage House is on Route 44, ½ mile to the northeast of the main entrance of Cary Institute. It is the **white wooden building** in the meadow *behind* the big brick Gifford House.

Address: [2919 Sharon Turnpike, Millbrook NY](https://www.caryinst.org/) (41.789576, -73.723954).

Do not go to the copper-sided building on the main campus by the big Cary sign.

This is the brick building you'll see from the road.



Park in the paved lot, then walk your child down this road!

